

# CHAMISAL TENNIS CAMPS



Tennis Camp is one of our most popular programs for the Summer. It is for beginners to intermediate players between the ages of 6-15 years old. Tennis Camp introduces students to the core tennis strokes in a fun, secure environment. Students learn the technical fundamentals of the forehand, backhand, serve, overhead and volley. Each day they receive help with technique, participate in high energy drills, hit balls and partake in fun games. At the end of the week your new tennis star will have developed the correct muscle memory and an understanding of tennis fundamentals.

**Time:** Monday – Friday 1:00 pm – 4:00 pm

**Session Dates:** #1 June 13-17, #2 June 20-June 24, #3 June 27-July 1, #4 July 5-8\*, #5 July 11-15  
#6 July 18-22, #7 July 25-29, #8 August 1-5

**Cost:** \$200 Members \$220 Non-Members \* Session #4 Members \$160 \$180 Non-Members

## Junior Tennis Team

(ages 10-17) The objective of the Junior Tennis Team program is to help each player develop skills to move their game to the next level. Drills, match play, and conditioning will be used. The players will be divided into high and lower groups based on ability.

**Time:** Tuesday & Thursday 11:30 pm-1:00 pm

**Session Dates:** # 1 June 14, 16, 21, 23 # 2 June 28, 30, July 5, 7 # 3 July 12, 14, 19, 21 # 4 July 26, 28 Aug 2, 4

**Cost:** \$100 Members \$120 Non-Members